

# 2019 CPP WOMEN'S TRACK & FIELD | INDIVIDUALS

## SAMANTHA AGUILAR

**800 Meter Run | PR: 2:25.96 (4/27-28/18)**

**1500 Meter Run | PR: 4:50.95 (5/3-5/18)**

**Mile Run | PR: 5:14.79 (3/9-10/18)**

### Distance Medley

12:18.17 Rossi Relays (3rd) 2/23

## AVIA BATEMAN

**Hammer | PR: 39.10m (5/4/19)**

34.36m Rossi Relays (16th) 2/23

34.64m CSULA Invite (8th) 3/1

29.69m Ben Brown Invite (25th) 3/8

34.73m UCI Classic (13th) 3/15

33.32m PLNU Invite (14th) 3/23

35.31m Pomona-Pitzer Invite (29th) 4/6

F Steve Scott Invite 4/27

39.10m CCAA Championships (20th) 5/4

## CHARISMA BYRD

**100 Meter Hurdles | PR: 16.08 (5/2/19)**

16.28 Chico Multis 2/28

16.44 Ben Brown Invite (20th) 3/9

16.35 Aztec Invite (6th) 3/21

16.34 Triton Invite (40th) 4/13

16.08 CCAA Championships 5/2

**200 Meter Dash | PR: 26.02 (3/21/19)**

26.30 Chico Multis 2/28

26.02 Aztec Invite (2nd) 3/21

DNF CCAA Championships 5/2

**400 Meter Run | PR: 59.14 (4/27-28/18)**

### 4x400 Meter Relay

3:59.60 Rossi Relays (4th) 2/23

3:58.56 Ben Brown Invite (1st) 3/9

3:49.34 Stanford Invite (11th) 3/30

**800 Meter Run | PR: 2:24.85 (3/1/19)**

2:24.85 Chico Multis 3/1

2:27.73 Aztec Invite (3rd) 3/22

**High Jump | PR: 1.65m (4/27/19)**

1.57m Rossi Relays (5th) 2/23

1.56m Chico Multis 2/28

1.55m Ben Brown Invite (3rd) 3/9

1.60m Aztec Invite (2nd) 3/21

1.61m Stanford Invite (5th) 3/29

1.62m Triton Invite (2nd) 4/13

1.56m Bryan Clay Invite 4/19

1.65m Steve Scott Invite (8th) 4/27

1.64m CCAA Championships-hep 5/2

**Long Jump | PR: 4.68m (3/22/19)**

4.61mw Rossi Relays (33rd) 2/23

3.70m Chico Multis 3/1

4.68m Aztec Invite (5th) 3/22

**Shot Put | PR: 7.80m (5/2/19)**

7.43m Chico Multis 2/28

7.79m Aztec Invite (6th) 3/21

7.80m CCAA Championships 5/2

**Javelin | PR: 24.70m (3/22/19)**

22.71m Chico Multis 3/1

24.70m Aztec Invite (3rd) 3/22

F Triton Invite 4/13

**Heptathlon | PR: 4162 (3/21-22/19)**

3843 Chico Multis 2/28-3/1

4162 Aztec Invite (2nd) 3/21-22

## SUYAN CARCEDO

**100 Meter Hurdles | PR: 15.81 (5/2/19)**

17.03 Chico Multis 2/28

18.92 UCI Classic (27th) 3/16

16.98 Aztec Invite (13th) 3/21

16.49 CSULA Twilight 4/18

16.61 Steve Scott Invite (22nd) 4/27

15.81 CCAA Championships 5/2

**200 Meter Dash | PR: 27.76 (5/2/19)**

28.66 Chico Multis 2/28

29.03 Aztec Invite (10th) 3/21

27.76 CCAA Championships 5/2

**800 Meter Run | PR: 2:34.68 (5/3/19)**

2:47.93 Chico Multis 3/1

2:50.00 Aztec Invite (7th) 3/22

2:34.68 CCAA Championships 5/3

**High Jump | PR: 1.50m (3/23/18)**

1.50m Chico Multis 2/28

ND Aztec Invite 3/21

1.46m CCAA Championships 5/2

**Long Jump | PR: 5.03m (5/3/19)**

4.64m Chico Multis 3/1

4.76m UCI Classic (12th) 3/16

4.84m Aztec Invite (10th) 3/22

4.98m Triton Invite (35th) 4/13

5.03m CCAA Championships 5/3

**Shot Put | PR: 9.64m (4/19-20/18)**

9.12m Chico Multis 2/28

9.24m Aztec Invite (7th) 3/21

9.26m CCAA Championships 5/2

**Javelin | PR: 30.77m (5/3/19)**

23.98m Chico Multis 3/1

28.03m Aztec Invite (9th) 3/22

27.92m Triton Invite (33rd) 4/13

30.77m CCAA Championships 5/3

**Heptathlon | PR: 4139 (5/2-3/19)**

3578 Chico Multis 2/28-3/1

3050 Aztec Invite (7th) 3/21-22

4139 CCAA Championships 5/2-3

## ALYSSA CARRILLO

**Discus | PR: 37.75 (3/16/18)**

34.45m UCI Classic (15th) 3/16

36.42m PLNU Invite (6th) 3/23

37.63m CCAA Championships (18th) 5/3

**Hammer | PR: 44.02m (4/27/19)**

40.62m Rossi Relays (10th) 2/23

41.34m CSULA Invite (2nd) 3/1

43.35m Ben Brown Invite (9th) 3/8

41.63m UCI Classic (10th) 3/15

38.39m PLNU Invite (5th) 3/23

42.94m Triton Invite (38th) 4/12

44.02m Steve Scott Invite (21st) 4/27

43.61m CCAA Championships (12th) 5/4

## LORRAINE FERNANDEZ

**1500 Meter Run | PR: 4:38.08 (3/25/17)**

4:49.41 Triton Invite (28th) 4/13

**Mile Run | PR: 5:17.19 (3/11-12/16)**

**3000 Meter Run | PR: 10:09.37 (2/25/17)**

**5000 Meter Run | PR: 17:19.41 (4/13-14/17)**

17:51.83 Oxy Distance Carnival (26th) 3/9

DNF CCAA Championships 5/4

**10000 Meter Run | PR: 36:05.04 (3/30-31/18)**

36:55.15 SFSU Fanelli Classic (31st) 3/28

37:44.84 CCAA Championships (3rd) 5/3

**Distance Medley**

12:18.17 Rossi Relays (3rd) 2/23

## AYANA FIELDS

**100 Meter Dash | PR: 12.37 (2/23/19)**

12.37 Rossi Relays (5th) 2/23

12.58 CSULA Invite (2nd) 3/1

**200 Meter Dash | PR: 24.11 (5/4/19)**

24.90 UCI Classic (4th) 3/16

24.91 PLNU Invite (2nd) 3/23

24.70 Stanford Invite (21st) 3/30

24.36 Bryan Clay Invite (23rd) 4/19

24.35 CCAA Championships-p 5/3

**24.11 CCAA Championships-f (3rd) 5/4**

**24.14 Oxy Invite (3rd) 5/11**

24.46 NCAA Championships-p (11th) 5/24

**400 Meter Run | PR: 55.71 (5/4/19)**

58.26 Ben Brown Invite (2nd) 3/9

57.45 PLNU Invite (1st) 3/23

**55.89 Stanford Invite (12th) 3/29**

56.72 Triton Invite (9th) 4/13

56.71 CCAA Championships-p 5/3

**55.71 CCAA Championships-f (4th) 5/4**

**4x100 Meter Relay**

47.41 CSULA Invite (1st) 3/1

47.30	Ben Brown Invite (1st)	3/9
46.99	UCI Classic (3rd)	3/16
<b>46.75</b>	<b>Stanford Invite (5th)</b>	<b>3/30</b>
<b>46.58</b>	<b>Triton Invite (1st)</b>	<b>4/13</b>
<b>46.65</b>	<b>Bryan Clay Invite (7th)</b>	<b>4/19</b>
<b>46.30</b>	<b>CCAA Championships-p</b>	<b>5/3</b>
<b>46.36</b>	<b>APU Twilight (3rd)</b>	<b>5/10</b>
<b>46.04</b>	<b>Oxy Invite (3rd)</b>	<b>5/11</b>

#### **4x400 Meter Relay**

3:59.60	Rossi Relays (3rd)	2/23
3:58.56	Ben Brown Invite (1st)	3/9
4:00.71	UCI Classic (6th)	3/16
3:49.34	Stanford Invite (11th)	3/30

#### **Distance Medley**

12:18.17	Rossi Relays (3rd)	2/23
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## **ZARIA FRANCIS**

#### **100 Meter Dash | PR: 11.58 (3/3/18)**

12.34	CSULA Invite (1st)	3/1
11.96	PLNU Invite (1st)	3/23
12.14	Stanford Invite - p (4th)	3/29
<b>11.85</b>	<b>Bryan Clay Invite (17th)</b>	<b>4/19</b>
<b>11.87</b>	<b>CCAA Championships-p</b>	<b>5/3</b>
<b>11.82</b>	<b>CCAA Championships-f (3rd)</b>	<b>5/4</b>
12.08	APU Twilight (8th)	5/10

#### **200 Meter Dash | PR: 24.08 (3/3/18)**

25.86	Ben Brown Invite (5th)	3/9
24.86	UCI Classic (3rd)	3/16
24.87	PLNU Invite (1st)	3/23

#### **4x100 Meter Relay**

47.41	CSULA Invite (1st)	3/1
47.30	Ben Brown Invite (1st)	3/9
46.99	UCI Classic (3rd)	3/16
<b>46.75</b>	<b>Stanford Invite (5th)</b>	<b>3/30</b>
<b>46.58</b>	<b>Triton Invite (1st)</b>	<b>4/13</b>
<b>46.65</b>	<b>Bryan Clay Invite (7th)</b>	<b>4/19</b>
<b>46.30</b>	<b>CCAA Championships-p</b>	<b>5/3</b>
<b>46.36</b>	<b>APU Twilight (3rd)</b>	<b>5/10</b>
<b>46.04</b>	<b>Oxy Invite (3rd)</b>	<b>5/11</b>

#### **4x400 Meter Relay**

3:58.56	Ben Brown Invite (1st)	3/9
4:00.71	UCI Classic (6th)	3/16
3:49.34	Stanford Invite (11th)	3/30

## **KEIANA HAMM**

#### **High Jump | PR: 1.62m (3/23/19)**

1.52m	Rossi Relays (10th)	2/23
1.55m	Ben Brown Invite (5th)	3/9
1.55m	UCI Classic (4th)	3/16
1.62m	PLNU Invite (3rd)	3/23
1.52m	Triton Invite (10th)	4/13
1.56m	Bryan Clay Invite (41st)	4/19
1.60m	Steve Scott Invite (10th)	4/27
1.57m	CCAA Championships (10th)	5/4

#### **Triple Jump | PR: 10.33m (4/13/19)**

10.20m	PLNU Invite (12th)	3/23
10.33m	Triton Invite (24th)	4/13

## **ELIZABETH HERNANDEZ**

#### **1500 Meter Run | PR: 4:50.99 (3/25/17)**

5:06.33	PLNU Invite (37th)	3/23
4:58.48	Triton Invite (40th)	4/13

#### **3000 Meter Steeplechase | PR: 11:17.81 (5/3-5/18)**

11:45.59	Bryan Clay Invite (86th)	4/18
11:27.54	CCAA Championships (6th)	5/4

#### **5000 Meter Run | PR: 17:48.77 (3/10/18)**

18:46.76	SFSU Fanelli Classic (140th)	3/29
18:22.06	CCAA Championships (12th)	5/4

#### **10000 Meter Run | PR: 38:07.10 (5/4-6/17)**

## **ELLI KLIEWER**

#### **1500 Meter Run | PR: 4:49.70 (3/23/19)**

4:49.70	PLNU Invite (14th)	3/23
4:54.62	Triton Invite (35th)	4/13

#### **5000 Meter Run | PR: 18:03.88 (4/18/19)**

18:10.26	Oxy Distance Carnival (42nd)	3/9
18:12.78	SFSU Fanelli Classic (107th)	3/29
18:03.88	Bryan Clay Invite	4/18
18:35.86	CCAA Championships (15th)	5/4

## **AMY KOHLBRENNER**

#### **800 Meter Run | PR: 2:33.38 (3/16/19)**

2:33.38	UCI Classic (14th)	3/16
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#### **1500 Meter Run | PR: 5:13.00 (3/9/19)**

5:13.00	Oxy Distance Carnival (50th)	3/9
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#### **3000 Meter Steeplechase | PR: 11:22.42 (2/23/19)**

11:22.42	Rossi Relays (31st)	2/23
12:20.81	PLNU Invite (4th)	3/23
12:03.90	Triton Invite (12th)	4/13
11:56.16	Steve Scott Invite (10th)	4/27

## **SOPHIA LE**

#### **100 Meter Hurdles | PR: 18.28 (3/3-4/17)**

#### **400 Meter Run | PR: 1:02.91 (3/17/17)**

#### **400 Meter Hurdles | PR: 1:08.03 (3/17/17)**

#### **800 Meter Run | PR: 2:42.88 (3/10/17)**

#### **Long Jump | PR: 4.74m (4/23/18)**

4.58m	Rossi Relays (34th)	2/23
4.59m	UCI Classic (15th)	3/16
4.74m	Triton Invite (44th)	4/13

#### **Triple Jump | PR: 10.48m (3/9/19)**

10.37m	Rossi Relays (13th)	2/23
9.71m	CSULA Invite (5th)	3/1
10.48m	Ben Brown Invite (1st)	3/9
10.40m	UCI Classic (11th)	3/16
10.05m	PLNU Invite (15th)	3/23
10.17m	Triton Invite (26th)	4/13
10.00m	CSULA Twilight (6th)	4/18
10.43m	Steve Scott Invite (22nd)	4/27
10.01m	CCAA Championships (17th)	5/4

## **CRYSTAL MALVEAUX**

#### **Long Jump | PR: 5.04m (4/27/19)**

5.04m	Steve Scott Invite (44th)	4/27
4.98m	CCAA Championships (14th)	5/3

## **MIRACLE MASEULI**

#### **Shot Put | PR: 11.86m (4/6/19)**

11.72m	Rossi Relays (4th)	2/23
11.70m	Ben Brown Invite (8th)	3/9
11.08m	UCI Classic (11th)	3/16
10.64m	PLNU Invite (10th)	3/23
11.86m	Pomona-Pitzer Invite (10th)	4/6
11.19m	Steve Scott Invite (16th)	4/27
11.13m	CCAA Championships (15th)	5/4

#### **Discus | PR: 40.01m (3/9/19)**

37.00m	Rossi Relays (8th)	2/23
40.01m	Ben Brown Invite (10th)	3/9
37.80m	UCI Classic (13th)	3/16
39.21m	PLNU Invite (2nd)	3/23
32.46m	Stanford Invite (18th)	3/30
37.22m	Pomona-Pitzer Invite (24th)	4/6
38.66m	Steve Scott Invite (21st)	4/27
37.77m	CCAA Championships (16th)	5/3

#### **Hammer | PR: 40.44m (3/23/19)**

34.94m	Rossi Relays (15th)	2/23
36.24m	Ben Brown Invite (17th)	3/8
36.88m	UCI Classic (12th)	3/15
40.44m	PLNU Invite (1st)	3/23
F	Pomona-Pitzer Invite	4/6
37.51m	Steve Scott Invite (29th)	4/27
F	CCAA Championships	5/4

## ASHLEY McBEAN

### Shot Put | PR: 10.96m (5/4/19)

10.49m	Rossi Relays (10th)	2/23
9.39m	CSULA Invite (6th)	3/1
10.37m	Ben Brown Invite (15th)	3/9
10.50m	UCI Classic (12th)	3/16
10.69m	PLNU Invite (9th)	3/23
10.83m	Pomona-Pitzer Invite (21st)	4/6
10.96m	CCAA Championships (17th)	5/4

### Discus | PR: 36.67m (3/9/19)

35.82m	Rossi Relays (12th)	2/23
36.67m	Ben Brown Invite (17th)	3/9
32.29m	UCI Classic (16th)	3/16
33.51m	PLNU Invite (13th)	3/23
36.40m	Pomona-Pitzer Invite (27th)	4/6
34.69m	Steve Scott Invite (28th)	4/27
35.65m	CCAA Championships (22nd)	5/3

### Hammer | PR: 36.44m (3/8/19)

31.26m	Rossi Relays (21st)	2/23
29.77m	CSULA Invite (11th)	3/1
36.44m	Ben Brown Invite	3/8
F	UCI Classic	3/15
31.13m	PLNU Invite (17th)	3/23
35.34m	Steve Scott Invite (30th)	4/27
32.95m	CCAA Championships (30th)	5/4

### Javelin | PR: 26.04m (4/6/19)

26.04m	Pomona-Pitzer Invite (28th)	4/6
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## ANELA MIKI-HAN

### Shot Put | PR: 12.64m (5/3-5/18)

F	Rossi Relays	2/23
10.75m	CSULA Invite (3rd)	3/1
11.39m	Ben Brown Invite (10th)	3/9
11.47m	UCI Classic (10th)	3/16
11.44m	PLNU Invite (3rd)	3/23
11.92m	Stanford Invite (15th)	3/29
11.62m	Pomona-Pitzer Invite (14th)	4/6
11.34m	Triton Invite (18th)	4/13
F	Bryan Clay Invite	4/19
11.41m	CCAA Championships (11th)	5/4

### Discus | PR: 41.24m (5/3/19)

38.50m	Rossi Relays (5th)	2/23
33.80m	Ben Brown Invite (21st)	3/9
34.95m	UCI Classic (14th)	3/16
31.53m	PLNU Invite (15th)	3/23
34.87m	Pomona-Pitzer Invite (30th)	4/6
39.94m	Triton Invite (34th)	4/12
36.97m	Steve Scott Invite (27th)	4/27
41.24m	CCAA Championships (11th)	5/3

### Hammer | PR: 39.35m (4/27/19)

37.70m	Rossi Relays (13th)	2/23
37.65m	CSULA Invite (6th)	3/1
36.71m	Ben Brown Invite (15th)	3/8
33.92m	UCI Classic (14th)	3/15
37.15m	PLNU Invite (7th)	3/23
35.96m	Pomona-Pitzer Invite (28th)	4/6

35.94m Triton Invite (45th) 4/12

39.35m Steve Scott Invite (26th) 4/27

35.78m CCAA Championships (29th) 5/4

## CASEY MONOSZLAY

### 800 Meter Run | PR: 2:10.49 (4/13/19)

2:10.49 Triton Invite (6th) 4/13

### 1000 Meter Run | PR: 3:03.35 (2/20/16)

### 1500 Meter Run | 4:27.68 (3/23/19)

4:31.74 Oxy Distance Carnival 3/9

4:27.68 PLNU Invite (1st) 3/23

4:46.15 CCAA Championships-p 5/3

4:26.43 CCAA Championships-f (1st) 5/4

4:38.04 NCAA Championships-p (13th) 5/23

### Mile Run | PR: 5:25.26 (3/11-12/16)

### 5000 Meter Run | PR: 16:41.95 (4/18/19)

16:54.12 SFSU Fanelli Classic (21st) 3/29

16:41.95 Bryan Clay Invite 4/18

17:28.27 CCAA Championships (1st) 5/4

17:48.51 NCAA Championships (13th) 5/25

### Distance Medley

12:18.17 Rossi Relays (3rd) 2/23

## RYANNE NAPOLEON

### 100 Meter Dash | PR: 12.15 (4/19/19)

12.38 Rossi Relays (9th) 2/23

12.62 CSULA Invite (3rd) 3/1

12.44 PLNU Invite (4th) 3/23

12.38 SFSU Fanelli Classic (3rd) 3/29

12.27 Triton Invite (18th) 4/13

12.15 Bryan Clay Invite (46th) 4/19

12.30 CCAA Championships-p 5/3

### 200 Meter Dash | PR: 25.42 (5/4/19)

25.79 UCI Classic (14th) 3/16

25.87 PLNU Invite (5th) 3/23

25.77 Triton Invite (44th) 4/13

25.42 CCAA Championships-p 5/3

### 400 Meter Run | PR: 59.58 (3/9/19)

59.58 Ben Brown Invite (4th) 3/9

### 4x100 Meter Relay

47.41 CSULA Invite (1st) 3/1

47.30 Ben Brown Invite (1st) 3/9

46.99 UCI Classic (3rd) 3/16

46.75 Stanford Invite (5th) 3/30

46.58 Triton Invite (1st) 4/13

46.65 Bryan Clay Invite (7th) 4/19

46.30 CCAA Championships-p 5/3

46.36 APU Twilight (3rd) 5/10

46.04 Oxy Invite (3rd) 5/11

### 4x400 Meter Relay

3:59.60 Rossi Relays (4th) 2/23

3:58.56 Ben Brown Invite (1st) 3/9

4:00.71 UCI Classic (6th) 3/16

3:49.34 Stanford Invite (11th) 3/30

4:10.00 CCAA Championships-p 5/3

## JENNIFER OSORIO-MELENDZ

### 1500 Meter Run | PR: 4:50.02 (4/28-29/17)

5:03.06 UCI Classic (16th) 3/16

5:10.81 PLNU Invite (42nd) 3/23

5:06.29 Triton Invite (24th) 4/13

4:55.78 Steve Scott Invite (33rd) 4/27

### 3000 Meter Steeplechase | PR: 11:04.78 (2/23/19)

11:04.78 Rossi Relays (26th) 2/23

### 5000 Meter Run | PR: 17:47.79 (4/19-20/18)

19:16.72 Oxy Distance Carnival (1st) 3/9

19:43.39 Bryan Clay Invite 4/18

## SARAH REYNA

### 100 Meter Dash | PR: 12.99 (2/24/18)

13.52 Rossi Relays (48th) 2/23

### 200 Meter Dash | PR: 26.33 (4/18/19)

27.28 Ben Brown Invite (20th) 3/9

26.92 UCI Classic (23rd) 3/16

27.25 PLNU Invite (29th) 3/23

26.88 Triton Invite (65th) 4/13

26.33 CSULA Twilight (10th) 4/18

26.94 Steve Scott Invite (49th) 4/27

### 400 Meter Run | PR: 1:00.30 (3/24/18)

1:06.12 Ben Brown Invite (14th) 3/9

1:00.35 PLNU Invite (10th) 3/23

1:01.66 Triton Invite (44th) 4/13

1:06.73 CSULA Twilight (15th) 4/18

1:03.92 Steve Scott Invite (38th) 4/27

1:01.80 CCAA Championships-p 5/3

### 4x400 Meter Relay

3:59.60 Rossi Relays (4th) 2/23

4:00.71 UCI Classic (6th) 3/16

4:10.00 CCAA Championships-p 5/3

## MACY RIVAS

### Pole Vault | PR: 3.30m (3/16/19)

3.20m Rossi Relays (9th) 2/23

3.25m Ben Brown Invite (6th) 3/8

3.30m UCI Classic (9th) 3/16

3.19m PLNU Invite (10th) 3/23

3.20m Triton Invite (13th) 4/13

NH Steve Scott Invite 4/27

3.05m CCAA Championships (9th) 5/4

## DIAMOND SCOTT

### 100 Meter Hurdles | PR: 15.68 (4/18/19)

16.94 Rossi Relays (30th) 2/23

16.05 Chico Multis 2/28

17.71 UCI Classic (25th) 3/16

16.24	Aztec Invite (5th)	3/21
17.41	Triton Invite (47th)	4/13
15.68	CSULA Twilight (8th)	4/18
16.35	Steve Scott Invite (21st)	4/27
15.87	CCAA Championships	5/2

**200 Meter Dash | PR: 28.56 (3/21/19)**

29.26	Chico Multis	2/28
28.56	Aztec Invite (7th)	3/21
28.79	CCAA Championships	5/2

**800 Meter Run | PR: 2:52.46 (3/23/18)**

3:00.96	Chico Multis	3/1
2:53.05	Aztec Invite (10th)	3/22
3:06.73	CCAA Championships	5/3

**High Jump | PR: 1.42m (3/21/19)**

NH	Chico Multis	2/28
1.42m	Aztec Invite (4th)	3/21
1.37m	CCAA Championships	5/2

**Long Jump | PR: 4.86m (2/23/19)**

4.86m	Rossi Relays (24th)	2/23
4.68m	Chico Multis	3/1
4.65m	Aztec Invite (6th)	3/22
4.77m	CCAA Championships	5/3

**Shot Put | 9.17m (2/28/19)**

9.17m	Chico Multis	2/28
9.05m	Aztec Invite (2nd)	3/21
8.83m	CCAA Championships	5/2

**Javelin | PR: 35.69m (4/27/19)**

30.17m	Chico Multis	3/1
33.75m	Aztec Invite (1st)	3/22
28.03m	Triton Invite (32nd)	4/13
35.69m	Steve Scott Invite (11th)	4/27
33.84m	CCAA Championships-hep	5/3
33.64m	CCAA Championships (12th)	5/3

**Heptathlon | PR: 3719 (3/21-22/19)**

3028	Chico Multis	2/28-3/1
3719	Aztec Invite (3rd)	3/21-22
3587	CCAA Championships (10th)	5/2-3

**ABBIGAIL SHARMA**

**Long Jump | PR: 4.67m (3/23/19)**

4.65m	Rossi Relays (31st)	2/23
4.33m	UCI Classic (16th)	3/16
4.67m	PLNU Invite (29th)	3/23

**Triple Jump | PR: 10.68m (5/4/19)**

9.99m	Rossi Relays (18th)	2/23
10.18m	CSULA Invite	3/1
F	Ben Brown Invite	3/9
F	UCI Classic	3/16
10.42m	PLNU Invite (10th)	3/23
10.34m	Triton Invite (23rd)	4/13
10.40m	CSULA Twilight (5th)	4/18
F	Steve Scott Invite	4/27
10.68m	CCAA Championships (13th)	5/4

**SOPHIA STEPHAN**

**800 Meter Run | PR: 2:26.81 (3/23/19)**

2:28.39	UCI Classic (9th)	3/16
2:26.81	PLNU Invite (18th)	3/23
2:27.76	Triton Invite (52nd)	4/13
2:26.83	Steve Scott Invite (45th)	4/27

**1500 Meter Run | PR: 5:13.15 (4/18/19)**

5:13.58	Oxy Distance Carnival (51st)	3/9
5:13.15	CSULA Twilight (6th)	4/18

**4x400 Meter Relay**

4:10.00	CCAA Championships-p	5/3
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**HANNAH STUEVE**

**100 Meter Hurdles | PR: 18.09 (3/4-5/16)**

**Pole Vault | PR: 3.75m (4/19/19)**

3.35m	Rossi Relays (5th)	2/23
3.55m	Ben Brown Invite (5th)	3/9
3.45m	UCI Classic (6th)	3/16
3.49m	PLNU Invite (2nd)	3/23
3.63m	Stanford Invite (1st)	3/29
3.55m	Triton Invite (7th)	4/13
<b>3.75m</b>	<b>Bryan Clay Invite (18th)</b>	<b>4/19</b>
3.50m	Steve Scott Invite (10th)	4/27
NH	CCAA Championships	5/4
NH	Oxy Invite	5/11

**ANA TOVI**

**Shot Put | PR: 13.73m (5/4/19)**

12.55m	Rossi Relays (2nd)	2/23
12.62m	Ben Brown Invite (5th)	3/9
12.38m	UCI Classic (9th)	3/16
F	PLNU Invite	3/23
F	Stanford Invite	3/29
F	Bryan Clay Invite	4/19
13.73m	CCAA Championships	5/4

**Discus | PR: 50.54m (4/27/19)**

40.07m	Rossi Relays (3rd)	2/23
43.81m	Ben Brown Invite	3/9
32.21m	UCI Classic (17th)	3/16
<b>45.52m</b>	<b>PLNU Invite (1st)</b>	<b>3/23</b>
<b>46.01m</b>	<b>Stanford Invite (8th)</b>	<b>3/30</b>
<b>47.89m</b>	<b>Triton Invite (12th)</b>	<b>4/12</b>
44.30m	Bryan Clay Invite (10th)	4/19
<b>50.54m</b>	<b>Steve Scott Invite (5th)</b>	<b>4/27</b>
<b>49.59m</b>	<b>CCAA Championships (3rd)</b>	<b>5/3</b>
<b>47.56m</b>	<b>APU Twilight (3rd)</b>	<b>5/10</b>
41.02m	NCAA Championships (21st)	5/24

**Hammer | PR: 38.76m (2/23/19)**

38.76m	Rossi Relays (11th)	2/23
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**NIA VANCE**

**100 Meter Dash | PR: 12.73 (3/23/19)**

12.73	PLNU Invite (8th)	3/23
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**100 Meter Hurdles | PR: 13.92 (5/10/19)**

14.43	Ben Brown Invite (2nd)	3/9
14.54	UCI Classic (2nd)	3/16
14.37	PLNU Invite (2nd)	3/23
14.79	Stanford Invite - p (22nd)	3/29
14.44	Triton Invite (12th)	4/13
<b>14.13</b>	<b>Bryan Clay Invite (17th)</b>	<b>4/19</b>
14.79	Steve Scott Invite (13th)	4/27
14.41	CCAA Championships-p	5/3
<b>14.16</b>	<b>CCAA Championships-f (3rd)</b>	<b>5/4</b>
<b>13.92</b>	<b>APU Twilight (4th)</b>	<b>5/10</b>
<b>14.22</b>	<b>NCAA Championships-p (14th)</b>	<b>5/24</b>

**4x100 Meter Relay**

47.41	CSULA Invite (1st)	3/1
47.30	Ben Brown Invite (1st)	3/9
46.99	UCI Classic (3rd)	3/16
<b>46.75</b>	<b>Stanford Invite (5th)</b>	<b>3/30</b>
<b>46.58</b>	<b>Triton Invite (1st)</b>	<b>4/13</b>
<b>46.65</b>	<b>Bryan Clay Invite (7th)</b>	<b>4/19</b>
<b>46.30</b>	<b>CCAA Championships-p</b>	<b>5/3</b>
<b>46.36</b>	<b>APU Twilight (3rd)</b>	<b>5/10</b>
<b>46.04</b>	<b>Oxy Invite (3rd)</b>	<b>5/11</b>

**Long Jump | PR: 5.73m (4/19/19)**

5.51m	Ben Brown Invite (1st)	3/9
5.33m	PLNU Invite (6th)	3/23
5.38m	Stanford Invite (10th)	3/29
5.73m	Bryan Clay Invite (23rd)	4/19
5.44m	CCAA Championships (7th)	5/3

**Triple Jump | PR: 12.14 (4/19/19)**

11.81m	UCI Classic (3rd)	3/16
11.75m	Stanford Invite (11th)	3/30
<b>11.93m</b>	<b>Triton Invite</b>	<b>4/13</b>
<b>12.14m</b>	<b>Bryan Clay Invite (10th)</b>	<b>4/19</b>
11.58m	Steve Scott Invite (10th)	4/27
11.79m	CCAA Championships (3rd)	5/4
<b>12.08m</b>	<b>APU Twilight (3rd)</b>	<b>5/10</b>
<b>12.04m</b>	<b>Oxy Invite (1st)</b>	<b>5/11</b>

**IMANI WILLIAMS**

**100 Meter Hurdles | PR: 15.71 (3/21/19)**

16.67	Rossi Relays (28th)	2/23
16.09	Chico Multis	2/28
15.71	Aztec Invite (10th)	3/21
22.25	Triton Invite (53rd)	4/13
15.85	CCAA Championships	5/2

**200 Meter Dash | PR: 26.33 (2/28/19)**

26.33	Chico Multis	2/28
26.78	CCAA Championships	5/2

**800 Meter Run | PR: 2:48.78 (3/23/18)**

2:49.32	Chico Multis	3/1
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**4x400 Meter Relay**

4:10.00	CCAA Championships-p	5/3
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**High Jump | PR: 1.41m (2/28/19)**

1.41m	Chico Multis	2/28
1.34m	CCAA Championships	5/2
<b>Long Jump   PR: 5.61m (5/3-5/18)</b>		
5.54m	Rossi Relays (3rd)	2/23
5.31m	Chico Multis	3/1
5.26m	Ben Brown Invite (7th)	3/9
5.37m	Stanford Invite (12th)	3/29
5.11m	Triton Invite (31st)	4/13
F	Bryan Clay Invite	4/19
5.38m	Steve Scott Invite (26th)	4/27
5.27m	CCAA Championships-hep	5/3
5.37m	CCAA Championships (9th)	5/3
<b>Shot Put   10.09m (5/2/19)</b>		
9.39m	Chico Multis	2/28
9.30m	Aztec Invite (6th)	3/21
10.09m	CCAA Championships	5/2
<b>Javelin   PR: 29.55m (3/31/18)</b>		
21.10m	Chico Multis	3/1
22.12m	Triton Invite (36th)	4/13
20.20m	CCAA Championships	5/3
<b>Heptathlon   PR: 3910 (2/28-3/1/19)</b>		
3910	Chico Multis	2/28-3/1

# 2019 CPP WOMEN'S TRACK & FIELD | TEAM BESTS

## 100 METERS

A-11.50	P-11.93	CCAA-12.75
1. Zaria Francis	11.82	
2. Zaria Francis	11.85	
3. Zaria Francis	11.87	
4. Zaria Francis	11.96	
5. Zaria Francis	12.03	
6. Zaria Francis	12.08	
7. Zaria Francis	12.14	
8. RYANNE NAPOLEON	12.15	
9. RYANNE NAPOLEON	12.27	
10. RYANNE NAPOLEON	12.30	

## 100 METER HURDLES

A-13.51	P-14.22	CCAA-16.50
1. Nia Vance	13.92	
2. Nia Vance	14.13	
3. Nia Vance	14.16	
4. Nia Vance	14.22	
5. Nia Vance	14.37	
6. Nia Vance	14.41	
7. Nia Vance	14.43	
8. Nia Vance	14.44	
9. Nia Vance	14.54	
10. Nia Vance	14.79	

## 200 METERS

A-23.59	P-24.33	CCAA-25.85
1. Ayana Fields	24.11	
2. Ayana Fields	24.14	
3. Ayana Fields	24.35	
4. Ayana Fields	24.36	
5. Ayana Fields	24.46	
6. Ayana Fields	24.70	
7. Zaria Francis	24.86	
8. Zaria Francis	24.87	
9. Ayana Fields	24.90	
10. Ayana Fields	24.91	

## 400 METERS

A-53.46	P-55.96	CCAA-1:00.30
1. Ayana Fields	55.71	
2. Ayana Fields	55.89	
3. Ayana Fields	56.71	
4. Ayana Fields	56.72	
5. Ayana Fields	57.45	
6. Ayana Fields	58.26	
7. RYANNE NAPOLEON	59.58	
8. Sarah Reyna	1:00.35	
9. Sarah Reyna	1:01.66	
10. Sarah Reyna	1:01.80	

## 400 METER HURDLES

A-59.05	P-1:01.92	CCAA-1:10.00
1.		

## 800 METERS

A-2:07.15	P-2:12.18	CCAA-2:22.00
1. Casey Monoszlay	2:10.49	
2. Charisma Byrd	2:24.85	
3. Sophia Stephan	2:26.81	
4. Sophia Stephan	2:26.83	
5. Charisma Byrd	2:27.73	
6. Sophia Stephan	2:27.76	
7. Sophia Stephan	2:28.39	
8. Amy Kohlbrenner	2:33.38	
9. Suyan Carcedo	2:34.68	
10. Suyan Carcedo	2:47.93	

## 1500 METERS

A-4:22.06	P-4:33.24	CCAA-4:55.00
1. Casey Monoszlay	4:26.43	
2. Casey Monoszlay	4:27.68	
3. Casey Monoszlay	4:31.74	
4. Casey Monoszlay	4:38.04	
5. Casey Monoszlay	4:46.15	
6. Lorraine Fernandez	4:49.41	
7. Elli Kliewer	4:49.70	
8. Elli Kliewer	4:54.62	
9. Jennifer Osorio-Melendez	4:55.78	
10. Elizabeth Hernandez	4:58.48	

## 3000 METERS

A-	P-	CCAA-
1. Jennifer Osorio-Melendez	11:04.78	
2. Amy Kohlbrenner	11:22.42	

## 3000 METER STEEPLECHASE

A-	P-	CCAA-
1. Elizabeth Hernandez	11:27.54	
2. Elizabeth Hernandez	11:45.59	
3. Amy Kohlbrenner	11:56.16	
4. Amy Kohlbrenner	12:03.90	
5. Amy Kohlbrenner	12:20.81	

## 5000 METERS

A-16:10.21	P-17:10.86	CCAA-18:30.00
1. Casey Monoszlay	16:41.95	
2. Casey Monoszlay	16:54.12	
3. Casey Monoszlay	17:28.27	
4. Casey Monoszlay	17:48.51	
5. Lorraine Fernandez	17:51.83	
6. Elli Kliewer	18:03.88	
7. Elli Kliewer	18:10.26	
8. Elli Kliewer	18:12.78	
9. Elizabeth Hernandez	18:22.06	
10. Elli Kliewer	18:35.86	

## 10000 METERS

A-34:13.34	P-36:35.97	CCAA-N/A
1. Lorraine Fernandez	36:55.15	
2. Lorraine Fernandez	37:44.84	

## 4x100 METER RELAY

A-45.52	P-46.86	CCAA-N/A
1. Francis, Napoleon, Vance, Fields	46.04	
2. Francis, Napoleon, Vance, Fields	46.30	
3. Francis, Napoleon, Vance, Fields	46.36	
4. Francis, Napoleon, Vance, Fields	46.58	
5. Francis, Napoleon, Vance, Fields	46.65	
6. Francis, Napoleon, Vance, Fields	46.75	
7. Francis, Napoleon, Vance, Fields	46.83	
8. Francis, Napoleon, Vance, Fields	46.99	
9. Francis, Napoleon, Vance, Fields	47.30	
10. Francis, Napoleon, Vance, Fields	47.41	

## 4x400 METER RELAY

A-3:40.10	P-3:48.20	CCAA-N/A
1. Napoleon, Byrd, Francis, Fields	3:49.34	
2. Fields, Francis, Napoleon, Byrd	3:58.56	
3. Napoleon, Fields, Byrd, Reyna	3:59.60	
4. Fields, Francis, Napoleon, Reyna	4:00.71	
5. Reyna, Napoleon, Stephan, Williams	4:10.00	

## DISTANCE MEDLEY RELAY

A-	P-	CCAA-
1. Monoszlay, Fields, Aguilar, Fernandez	12:18.17	

## HIGH JUMP

A-1.77m P-1.67m CCAA-1.47m

1.	Charisma Byrd	1.65m
2.	Charisma Byrd	1.62m
	Keiana Hamm	1.62m
4.	Charisma Byrd	1.61m
5.	Charisma Byrd	1.60m
	Keiana Hamm	1.60m
7.	Charisma Byrd	1.57m
	Keiana Hamm	1.57m
9.	Charisma Byrd	1.56m
	Charisma Byrd	1.56m
	Keiana Hamm	1.56m

## POLE VAULT

A-4.08m P-3.65m CCAA-2.90m

1.	Hannah Stueve	3.75m
2.	Hannah Stueve	3.63m
3.	Hannah Stueve	3.55m
	Hannah Stueve	3.55m
5.	Hannah Stueve	3.50m
6.	Hannah Stueve	3.49m
7.	Hannah Stueve	3.45m
8.	Hannah Stueve	3.35m
9.	Macy Rivas	3.30m
10.	Macy Rivas	3.25m

## LONG JUMP

A-6.29m P-5.80m CCAA-4.88m

1.	Nia Vance	5.73m
2.	Imani Williams	5.54m
3.	Nia Vance	5.51m
4.	Nia Vance	5.44m
5.	Nia Vance	5.38m
	Imani Williams	5.38m
7.	Imani Williams	5.37m
	Imani Williams	5.37m
9.	Nia Vance	5.33m
10.	Imani Williams	5.31m

## TRIPLE JUMP

A-12.77m P-11.85m CCAA-10.36m

1.	Nia Vance	12.14m
2.	Nia Vance	12.08m
3.	Nia Vance	12.04m
4.	Nia Vance	11.93m
5.	Nia Vance	11.81m
6.	Nia Vance	11.79m
7.	Nia Vance	11.75m
8.	Nia Vance	11.58m
9.	Abbigail Sharma	10.68m
10.	Sophia Le	10.48m

## SHOT PUT

A-15.74m P-13.76m CCAA-9.75m

1.	Ana Tovi	13.73m
2.	Ana Tovi	12.62m
3.	Ana Tovi	12.55m
4.	Ana Tovi	12.38m
5.	Anela Miki-Han	11.92m
6.	Miracle Maseuli	11.86m
7.	Miracle Maseuli	11.72m
8.	Miracle Maseuli	11.70m
9.	Anela Miki-Han	11.62m
10.	Anela Miki-Han	11.47m

## DISCUS

A-52.79m P-45.11m CCAA-30.48m

1.	Ana Tovi	50.54m
2.	Ana Tovi	49.59m
3.	Ana Tovi	47.89m
4.	Ana Tovi	47.56m
5.	Ana Tovi	46.01m
6.	Ana Tovi	45.52m
7.	Ana Tovi	44.30m
8.	Ana Tovi	43.81m
9.	Anela Miki-Han	41.24m
10.	Ana Tovi	41.02m

## HAMMER

A-60.45m P-51.82m CCAA-30.48m

1.	Alyssa Carrillo	44.02m
2.	Alyssa Carrillo	43.61m
3.	Alyssa Carrillo	43.35m
4.	Alyssa Carrillo	42.94m
5.	Alyssa Carrillo	41.63m
6.	Alyssa Carrillo	41.34m
7.	Alyssa Carrillo	40.62m
8.	Miracle Maseuli	40.44m
9.	Anela Miki-Han	39.35m
10.	Ana Tovi	38.76m

## JAVELIN

A-49.44m P-41.59m CCAA-27.43m

1.	Diamond Scott	35.69m
2.	Diamond Scott	33.84m
3.	Diamond Scott	33.75m
4.	Diamond Scott	33.64m
5.	Suyan Carcedo	30.77m
6.	Diamond Scott	30.17m
7.	Suyan Carcedo	28.03m
8.	Diamond Scott	28.03m
9.	Suyan Carcedo	27.92m
10.	Ashley McBean	26.04m

## HEPTATHLON

A-5195 P-4504 CCAA-N/A

1.	Charisma Byrd	4162
2.	Suyan Carcedo	4139
3.	Imani Williams	3910
4.	Charisma Byrd	3843
5.	Diamond Scott	3719
6.	Diamond Scott	3587
7.	Suyan Carcedo	3578
8.	Suyan Carcedo	3050
9.	Diamond Scott	3028